

## PRESENTS: RWANDA



The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS's international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students' degree programs and professional goals.

### KEEP UP WITH US:



Have any questions or concerns? Email us :

CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU



# RWANDA

Rwanda is a country in East-Central Africa. The capital of Rwanda is Kigali. Rwanda is known for its breathtaking scenery. Visitors enjoy outdoor activities like safaris, national parks and museums.

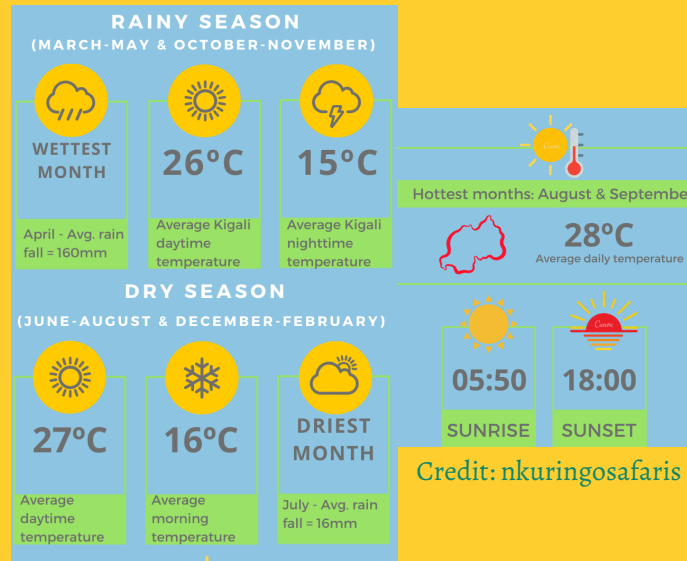
## THE OFFICIAL LANGUAGE IS:

Kinyarwanda. The second official language is French. It would be best to learn basic phrases in Kinyarwanda before your trip.

## HOW TO GET AROUND:

The best way to get around Rwanda is a private car, bus or shared taxi. You can also rent a car or motorcycle.

# WEATHER



## TRAVEL TO RWANDA: THINGS TO KNOW BEFORE TRAVELING ABROAD

## WHAT TO WEAR?

In tourist spots, dress codes are usually more relaxed. Feel free to wear whatever you feel like. Outside of tourist spots, wear clothing that are not too low cut or no shorts that are too short.

# WHAT TO EAT?

Rwanda meals are made from locally grown ingredients. Popular dishes include Isombe, Brochettes, Agatogo and Ibiraya.

You will see meals consisting of sweet potatoes, beans, corn, peas and fruits.

## EATING ETIQUETTE

1. Do not eat out in public, only in restaurants or your room.
2. Never refuse offered food
3. The host typically sip from drinks and taste the food first before guests.
4. Milk should be treated with respect, and never wasted.