

Spartan Accelerated Graduate Education (SAGE) Program Roadmap¹

Combined Program: Nutritional Science With Dietetics
Total Units to Degree: 144 150 minimum units²
Academic Year: 2025-2026

BA Requirements – Blue		Graduate Courses taken @ UGRD level - Green		Masters only Requirements – Orange	
Fall Semester Year 1			Spring Semester Year 1		
Course	Units	Course	Units	Course	Units
Chem 1A General Chem (5A+ 5C)	5	NuFS 8 Nutr. For Hlth Profession	3	Chem 30B Intro Chem	3
Eng 1A First Year Writing (A1)	3	Chem 30B Intro Chem	3	Stat 95 or HS 67 Statistic (2)	3
Oral Comm (1C)	3	NuFS 40 Debunk Nutr Misinf (1B)	3	Physical Education	1
NuFS 21 Culinary Principles & Practice	3	NuFS 20 Sanitation & Environmental Issues	2		
NuFS 31 Profession in NuFS/Pkg	1				
Total Units	15	Total Units	15		
Fall Semester Year 2 [Complete Directed Self Placement*]			Spring Semester Year 2		
Course	Units	Course	Units	Course	Units
Psych 1 Intro to Psych (4)	3	Concentration Course	6		
General Education (A6)	3	Biol 66 ³ Physiology (5B+5C)	5		
General Education (3A)	3	General Education (4, US1-3)	3		
General Education (4, US1-3)	3	Physical Education	1		
General Education (3B)	3				
Total Units	15	Total Units	15		
Fall Semester Year 3			Spring Semester Year 3		
			Four-year or transfer student applies to BS + MS program.		
Course	Units	Course	Units	Course	Units
NuFS 101A Food Science	4	NuFS 144 ⁴ Food Culture (GE UD 3) or NuFS 139 Hunger&Environmental Nutri (GE UD 2/5)	3		
NuFS 106A Human Nutr Life Span	3	NuFS 108A Nutr Metabolism	3		
Concentration Course	3	Concentration Course	2		
NUFS 100W Writing Workshop (WID)	3	NuFS 111 Foodserv Prod Mgmt	3		
NuFS 103 Food Processing	2	NuFS 106B Research Methodology	3		
		Pkg 107 Principles of Pkg	3		
Total Units	15	Total Units	17		
Fall Semester Year 4			Spring Semester Year 4		
Student admitted to BS + MS program.					
Course	Units	Course	Units	Course	Units
NuFS 134 Comp Alt Health (GE UD 4)	3	NuFS 190 Nutrition Ed & Counseling	3		
NuFS 109 Advanced Nutr	3	NuFS 114A Community Nutr	3		
NuFS 110A Medical Nutr Therapy	3	NuFS 110B Medical Nutr Therapy	3		
NuFS 113 Fdserv Sys: Mgmt & Proc	3	NuFS 192 Field Experience	2		
NuFS 201 Colloquium in NuFS & PKG	3	NuFS 295 Research Methodology	3		
NuFS 151 Food Microbiology	2	NuFS 144 ⁴ Food Culture (GE UD 3) or NuFS 139 Hunger&Environmental Nutri (GE UD 2/5)	3		
Total Units	17	Total Units	17		
Fall Semester Year 5			Spring Semester Year 5		
BS degree posted.					
Course	Units	Course	Units	Course	Units
NuFS 217 Issues in Nutr, FS & Pkg	3	MS Electives	3		
MS Electives	6	NuFS 257 Biostatistics	3		
		NuFS 298 Special Studies in NuFS&PKG	3		
Total Units	9	Total Units	9		

¹ Reference CSU Coded Memorandum [AA-2012-01](#), University Policy [F19-1](#), [DRAFT SAGE Scholars Application](#) (to be developed as an online application). The roadmap must include at least one semester in which students enroll in a combination of undergraduate and graduate courses.

² The CSU is considering a proposal to allow 9-12 units of double counting between the baccalaureate and master's degree. Expecting an approved policy to allow for this by March 2021. Please provide 150-unit minimum roadmap, indicating which courses you might consider for double counting.