



Occupational Therapy San José State University

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SJSU SAN JOSÉ STATE
UNIVERSITY

San Jose State University

Oldest public university in California: established 1857

One of 23 California State University campuses

Current enrollment is about 36,000

- SJSU offers 141 Baccalaureate degrees, 99 Master's degrees, and 4 Doctoral degrees

OT program established 1943; MSOT program established in 1960, OTD program inaugural class Spring 2023

College of Health and Human Sciences

* Thousands of alums throughout US and the world

Central Classroom Building

The Occupational Therapy Department



SJSU OT Faculty

10 tenured/tenure track faculty

15 part time faculty / practitioners

7 highly esteemed emeritus faculty

10 faculty have PhDs in clinical psychology, education, human science, occupational science, health science

6 Fellows of the American Occupational Therapy Association

Specialized practice certifications

One Fulbright scholar

Numerous books, chapters, articles and presentations, editorial boards, research grants

Occupational Therapy

Two points of entry into the profession:

- Master's degree

- Doctorate degree

Degree Programs:

- Entry level Master's degree

- Entry level Doctorate (OTD) degree

- Post-professional OTD degree

The Curriculum

Curriculum Core

Participation in meaningful occupation to promote health, well-being, and social inclusion across the lifespan

Mission

The Occupational Therapy Department at San Jose State University is dedicated to preparing culturally diverse occupational therapy leaders who promote health and participation in life for individuals, organizations, and populations through engagement in occupation.

Curriculum Clusters

- ❑ Occupation-The Core of the Profession
- ❑ Foundations for Occupational Therapy Practice
- ❑ Professional Development
- ❑ Practice in the Community
- ❑ Research and Knowledge Development
- ❑ Practice of Occupational Therapy.

Curriculum Design

Classes are small in order to foster an active learning environment that will encourage students to develop strong clinical reasoning and creative problem solving capabilities. Students refine skills in selecting, evaluating, and applying information in order to engage in evidence-based practice. Throughout the program, opportunities to interact with therapists and clients in clinical and community settings enable students to apply theoretical knowledge to practice.

SJSU Master's Program

- ◆ 4 semester academic program
 - Includes an International Experience
- ◆ 2 fieldwork placements (12 weeks each-40 hours/wk)
- ◆ MS degree conferred after final fieldwork placement
- ◆ Eligible to sit for national registration examination (www.NBCOT.org)
- ◆ SJSU OT programs have a high pass rate on registration exam

Degree Roadmap

◆ Semester 1

- ◆ OCTH 211: Historical and Theoretical Foundations of Occupational Therapy
- ◆ OCTH 221: Occupational Analysis
- ◆ OCTH 212: Occupation Through the Lifespan
- ◆ OCTH 224: Occupational Therapy Practice in the Community I
- ◆ OCTH 222: Functional Kinesiology OR OCTH 276: Seminar and Practicum IA

◆ Semester 2

- ◆ OCTH 245: Introduction to Research Methodology
- ◆ OCTH 206: Clinical Skills for OT Practice
- ◆ OCTH 216: Evaluation in Occupational Therapy
- ◆ OCTH 222: Functional Kinesiology OR OCTH 276: Seminar and Practicum IA
- ◆ OCTH 226: Occupational Therapy with Children or OCTH 236: Occupational Therapy with Youth

Degree Roadmap

◆ Semester 3

- ◆ OCTH 275: Evidence-Based Practice in OT
- ◆ OCTH 233: Professional Development II
- ◆ OCTH 246: OT with Young Adults or OCTH 256: OT with Middle Aged Adults
- ◆ OCTH 226: OT with Children or OCTH 286: Seminar and Practicum IB (4 units) OR OCTH 234: OT Practice in the Community II

◆ Semester 4

- ◆ OCTH 295: Master's Project Capstone Course
- ◆ OCTH 246: OT with Young Adults or OCTH 256: OT with Middle Aged Adults
- ◆ OCTH 266 OT with Older Adults
- ◆ OCTH 286: Seminar and Practicum IB (4 units) OR OCTH 234: OT Practice in the Community II
- ◆ OCTH 210 Seminar for Occupational Therapists

Cross-Cultural/International Experience

- ◆ The overall goal is to gain cross-cultural insight into the political, social cultural and economic factors that influence the provision of occupational therapy services outside of the US.
- ◆ Time abroad ranges from 1-3 weeks during the Winter or Summer session
- ◆ Students register for 1-6 units of coursework
- ◆ These courses fulfill requirements for the degree
- ◆ There are alternative options available if you cannot or do not want to travel

Fieldwork

- ❖ Following completion of the academic curriculum, students complete two 12-week, 40 hour per week fieldwork placements (OCTH 201A and OCTH 201B).

Cost of the MSOT Program

(Spring 25-CA residents)

Mandatory Registration Fees	Part-Time Rate 1.0 - 6.0 Units	Full-Time Rate 6.1 or More Units
Tuition Fee	\$2,208	\$3,804
<u>Student Association Fee</u>	\$110	\$110
<u>Student Union Fee</u>	\$428	\$428
<u>Health Ctr Facility Fee</u>	\$40	\$40
<u>Document Fee</u>	\$19	\$19
<u>Student Success Excel Tech Fee</u>	\$376	\$376
<u>Student Health Fee</u>	\$190	\$190
Totals	\$3,371	\$4,967

SJSU Occupational Therapy Doctorate (OTD) Program

3 year full-time (9 semester) year-round program

- Includes a Cross Cultural/International Experience
- 2 fieldwork placements (12 weeks each-40 hours/wk)
- Doctoral Capstone Experience (14 weeks)
- Doctoral Capstone Project
(112 units)

Eligible to sit for national registration examination
(www.NBCOT.org)

SJSU OT programs have a high pass rate on registration exam

Degree Roadmap-Year 1

YEAR 1

Spring (Total units: 15)

OCTH 211D: Foundations
of Occupational Therapy
(3 units)

OCTH 212D: Occupation
Across the Lifespan
(3 units)

OCTH 245D: Introduction to
Research Methodology in
Occupational Therapy
(3 units)

OCTH 221D: Occupational
Analysis
(3 units)

OCTH 222D: Kinesiology
(3 units)

Summer (10 weeks) Total Units: 10

OCTH 206D: Clinical Practice
Skills for Occupational
Therapy
(3 units)

OCTH 505: OTD
Exploration I
(1 unit)

OCTH 516: Evaluations and
Assessments in
Occupational Therapy
(3 units)

OCTH 276D: Practicum
and Seminar I
(3 units)

Fall (Total Units: 16)

OCTH 555: Qualitative Research
Methods in Occupational Therapy
(3 units)

OCTH 524: Occupational Therapy
Practice in the Community
(2 units)

OCTH 526: Occupational Therapy
with Children
(3 units)

OCTH 536: Occupational Therapy
with Youth
(3 units)

OCTH 515: OTD Exploration II
(2 units)

OCTH 533: Professional
Development: Leadership in
Occupational Therapy
(3 units)

Degree Roadmap-Year 2

YEAR 2

Spring (Total units: 16)

OCTH 546: Occupational Therapy
with Young Adults
(3 units)

OCTH 556: Occupational Therapy
with Middle Aged Adults
(3 units)

OCTH 565: Quantitative
Research Methods in
Occupational Therapy
(3 units)

OCTH 534: Community and
Population Health
(3 units)

OCTH 286D: Practicum and
Seminar 1B
(4 units)

Summer (10 weeks)

Session 1 – 5 wks. (Total Units: 3)

- OCTH 210 ITL: Seminar in Occupational Therapy Cross-Cultural Experience (3 units)
- OCTH 210D: Seminar in Occupational Therapy (2 units)
- OCTH 198 Reflective Practice (1 unit)

Session 2 – 5 wks. (Total Units: 5)

OCTH 525: OTD Exploration III
(3 units)

OCTH 575: Advanced Research
Methods
(2 units)

Fall (Total units: 15)

OCTH 576: Seminar in
Professional Practice
(3 units)

OCTH 543: Professional
Development – Teaching,
Learning and Service
(3 units)

OCTH 585: Evidence Based
Practice in Occupational Therapy
(3 units)

OCTH 566: Occupational Therapy
with Older Adults
(3 units)

OCTH 586: Advanced
Occupational Therapy Practice in
Mental Health
(3 units)

Degree Roadmap-Year 3

YEAR 3

Spring (Total units: 12)

OCTH 201AD: Fieldwork
Experience
(6 units)

OCTH 201BD: Advanced
Fieldwork Experience
(6 units)

Summer (5 weeks) Total units: 6

OCTH 553: Professional
Development: Management in
Occupational Therapy
(3 units)

OCTH 591 A: OTD Capstone
Experience I
(3 units)

Fall (Total units: 14)

OCTH 591 B: OTD Capstone
Experience II
(11 units)

OCTH 595: Doctoral Capstone
Project
(3 units)

Cost of the OTD Program

Tuition: \$9,114 (plus fees) per term (semester)
for nine terms over the course of three years

Fees: Determined by the University

Scholarships are available to students based on
financial need (www.sjsu.edu/bursar/)

Admission Criteria (MS&OTD)

- GPA of 3.0 or better in last 60 semester or last 90 quarter units.
- Completion of prerequisite courses with a B or better prior to entry into the program.
- 80 hours volunteer experience verified by “Evaluation of Volunteer Experience” form. 60 hours under the direct supervision of an OT/L and 20 hours in a community agency.

Admission Criteria (continued)

- GRE (Required for OTD only)

The following are preferred, but not required:

GRE Verbal score of 153 and an Analytic Writing score of 4.0 on the GRE is highly recommended

GRE scores, GPA for prerequisite courses and for the last 60 units of coursework, will be considered in applicant ranking

- OTCAS application & Personal Statement

Admission Criteria (continued)

- ◆ Submission of three letters of recommendation attesting to academic ability, work performance record and personal attributes necessary for graduate study. **1 letter must be from an academic source** (professor)

*Remember: Letters of recommendation cannot be from someone who has completed the volunteer form

Minimum requirement for MSOT Application Submission

- Must complete at least 4 out of 8 of prerequisite courses with a B grade or better
- At least half of the volunteer hours must be completed at the time of application. Volunteer experience evaluation forms must be submitted. The person who completes the volunteer form **cannot** also submit a letter of recommendation
- Personal statement

All prerequisites and volunteer hours must be completed before the start of classes.

Prerequisite Courses

- ◆ Human Anatomy with human cadaver lab*
- ◆ Physiology with lab
- ◆ Neuroanatomy—Bio 109 @ SJSU is offered on campus Spring semester and OCTH 190 is offered online during the Summer
- ◆ General (Intro) Psychology
- ◆ Abnormal Psychology (Adult Psychopathology)
- ◆ Sociology OR Cultural Anthropology (General course)
- ◆ Statistics*
- ◆ Skills Course

* = Must have been taken in last 7 years

Prerequisite Courses

All prerequisite courses can be taken at a community college except for the Neuroanatomy course. There is a list of acceptable courses to meet this required on our [website](#)

Please contact us if you wish to find out if a particular course you took meets the criteria for our prerequisites.

****Include the course syllabus or description from the catalog**

Admission Information

- ◆ Applications are accepted once per year:
 - ◆ MSOT: October 1st through February 1st
 - ◆ OTD: July 1st through December 1st
- ◆ Students are conditionally accepted on a rolling admission basis

MSOT Admission Criteria Checklist

- ✓ Minimum GPA of 3.0 in last 60 semester or last 90 quarter units of coursework
- ✓ Completion of prerequisite courses with a B or better prior to entry into the program
- ✓ 80 hours volunteer experience
- ✓ OTCAS application & Personal Statement
- ✓ Letters of Recommendation (OTCAS)
- ✓ Application packet to the OT department
- ✓ GAPE application

Application Process

OTCAS

OT Department

CalState Apply/GAPE

<https://www2.calstate.edu/apply>

You must complete the required paperwork for each of these

OTCAS-Occupational Therapy Common Application System

The following documents are submitted through OTCAS
Application/Personal Statement
Official Transcripts
Letters of Recommendation

Apply early to OTCAS
MSOT – Opens in July
OTD – Opens in July

Occupational Therapy Department- SJSU

The following are submitted directly to the OT Department

- A copy of your application demographic page & personal statement from OTCAS
- Sealed Volunteer Evaluation forms with waivers
- Unofficial GRE scores (for OTD)

CSU Mentor/GAPE (Graduate Studies Admissions & Program Evaluations)

The following are submitted via Cal State Apply (<https://www2.calstate.edu/apply>) MSOT program opens October 1st; OTD program opens August 1st

Application to the University

Official Transcripts

This is a separate process from your application to the program and to the University (GAPE)

Tips

- ◆ Investigate prerequisite courses at local colleges
- ◆ Begin the volunteer hours ASAP
- ◆ Start the application process early with OTCAS as it takes at least two weeks for them to verify your application.
- ◆ Applications are reviewed beginning October 1st for the MSOT Program and July 1st for the OTD Program. Admissions are on a rolling basis. Timing is important!
- ◆ Choose referees carefully for the LOR (1 academic source is required). Let the person writing you letter know what you are applying for and what you would like them to emphasize.
- ◆ Prepare a thoughtful personal statement describing goals and objectives for pursuing a Master's or Doctorate degree in OT, include leadership experiences and future potential/plans (on application form).

For More Information:

Email us at:

MSOT Program:

Gradadvisor-occupationaltherapy@sjsu.edu

OTD Program:

otdadvisor-occupationaltherapy@sjsu.edu