

**Health Professions Minor  
College of Applied Sciences and Arts  
Division of Health Professions  
San José State University**

NAME: \_\_\_\_\_ STUDENT ID#: \_\_\_\_\_

HOME DEPT/MAJOR: \_\_\_\_\_ GRADUATION DATE: \_\_\_\_\_

REQUIREMENTS FOR THE MINOR, 15 UNITS: Students must make an advising appointment with the Chair of Health Professions, Dr. Barbara Conry. Please call 408/924-2903 to schedule an appointment.

**REQUIRED COURSE FROM HEALTH PROFESSIONS (3 UNITS): HPRF 135 HEALTH ISSUES IN A MULTICULTURAL SOCIETY.**

**ELECTIVE COURSES (12 UNITS):** Select 12 units from at least three different areas below, other than Health Professions, which is the required course you must take. For majors in HS/GERO/NUFS/KIN/OT/HRTM, at least 12 units of coursework must be different from those on your major form.

COURSE	UNITS	TERM COMPLETED	FINAL GRADE
<b>HEALTH PROFESSIONS</b>			
HPRF 135 Health Issues in a Multicultural Society ( <i>required course</i> )	(3)		
<b>HEALTH SCIENCE</b>			
HS 102 Health Team Building	(3)		
HS 104 Community Health Promotion	(3)		
HS 159 Health Program Planning	(3)		
HS 161 Epidemiology	(3)		
HS 162 Health Care: Organization and Administration	(3)		
HS 165 The Health Professional	(3)		
<b>GERONTOLOGY</b>			
GERO 102 Health Team Building	(3)		
GERO 108 Health In Later Life	(3)		
GERO 111 Medical Ethics	(3)		
GERO 117 Social Policy and Services in Aging	(3)		
GERO 127 Aging and Mental Health	(3)		
GERO 137 Families, Aging, and Diversity	(3)		
<b>NURSING</b>			
NURS 20 Nursing as a Career	(2)		
NURS 180 Individual Studies	(1-4)		
<i>Other courses with approval of Health Professions Director</i>			
<b>NUTRITION, FOOD SCIENCE, AND PACKAGING</b>			
NUFS 8 Nutrition for Health Professions	(3)		
NUFS 9 Intro. to Human Nutrition	(3)		
NUFS 106A Human Nutrition in the Life Span	(3)		
NUFS 116 Aging and Nutrition	(3)		
<b>OCCUPATIONAL THERAPY</b>			
<i>Courses with approval of Health Professions Director</i>			
<b>OTHER HEALTH RELATED AREAS</b>			
HPRF 134 Complementary and Alternative Health Practices	(3)		
KIN 69 Stress Management	(3)		
KIN 155 Exercise Physiology	(3)		
KIN 156 Intro. to Adapted Physical Activity	(3)		
KIN/HS 169 Diversity, Stress, and Health	(3)		
KIN 188 Prevention and Care of Athletic Injuries	(2)		
HRTM 110 Leisure and Human Development	(3)		
HRTM 112 Intro. to Therapeutic Recreation Service	(3)		
HRTM/GERO 185 Leisure, Recreation, and Aging	(3)		
HRTM 198 Therapeutic Recreation Procedures	(3)		

Substitute Course/where taken: \_\_\_\_\_ Substituted for: \_\_\_\_\_ Initials/Date: \_\_\_\_\_

Substitute Course/where taken: \_\_\_\_\_ Substituted for: \_\_\_\_\_ Initials/Date: \_\_\_\_\_

Health Professions Advisor/Health Professions Chair : \_\_\_\_\_ Date: \_\_\_\_\_

Distribution: 1.) Student 2.) Major Department (student delivers) 3.) Admissions and Records (student delivers sealed original)