## PSYCH FORUM

**FALL 2025 SERIES** 

## A Career in Applied Sport and Performance Psychology: Helping Performers Master the Mental Game



**ALISON POPE-RHODIUS, PHD** 

Professor,
Applied Sport and Performance
Psychology Program Director,
Dominican University of California

## **Background:**

- Ph.D. in Sport Psychology | Liverpool John Moores University
- M.Sc. in Sport Science | Liverpool John Moores University
- B.Sc. (Hons.) in Psychology | University of Stirling
- Certified Mental Performance Consultant

## **Applied Work Experiences:**

- Worked with elite athletes from around the world
- Specialized in elite archery performance
- Provided support at the Olympic Games
- Currently specialize in working with firefighters

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17 NOVEMBER 2025 (MONDAY) 2-3PM



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Any Questions? Email Psych Forum Coordinator, Jess Chong, PhD at jess.chong@sjsu.edu

