

Adult Psychopathology Section 02

PSYC 110

Fall 2024 3 Unit(s) 08/21/2024 to 12/09/2024 Modified 08/19/2024

Contact Information

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Office: DMH 317

Phone: 408-924-5621

Office Hours

Tuesdays and Thursdays 12:00 - 1:15

DMH 317

Course Information

This course is designed to provide you with an overview of the range of human behaviors described as psychopathology. We will discuss the definitions of normal and “abnormal” behavior, how these definitions have changed over time, and models of understanding psychopathology and human suffering. We will also discuss specific syndromes and categories of psychopathology and will survey some of the treatments used for these disorders. Prerequisite: Psyc 1.

Lecture

Tuesdays and Thursdays 1:30 - 2:45 pm

Sweeney Hall 100

Course Description and Requisites

Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance.

Prerequisite: PSYC 001.

Classroom Protocols

I will reliably be in my office and available to you Tuesdays and Thursdays before our class from 12:00 - 1:00pm and by appointment. That is a great time to come and talk with me if you are not performing as well as you would like in the class, if you are struggling to learn the content, or if you love this topic as much as I do and want guidance or help in figuring out a career in psychology. I can make an appointment to meet with you a different time if this time does not work for you. **I truly love talking about this stuff and helping students figure out this content and/or their career path.** Take me up on it.

There is a lot of interaction in this class, both with the professor and with your fellow students, so professionalism on your part is very important. Please be respectful of the thoughts, opinions, and experiences of others. Many of the topics in this class may have personal significance to some students.

A note about Integrity

Everything you submit in this class should be your own work. Just have integrity. Later when you look back at college and this class, I want you to have both real knowledge to make a difference in the world and impress people at parties, and the satisfaction of having accomplished something that you had to work for. For both of those things, you need to read, come to class, and not cheat.

Program Information

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
 2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
 3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
 4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.
- Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Course Goals

The two primary goals of the course are (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science, and (2) to develop an ability to think critically about these disorders and the study of them as abnormal behavior. Thinking

critically means considering a patient's cultural and contextual factors to understand the various causes of suffering and how to alleviate it.

Course Learning Outcomes (CLOs)

CLO1: understand the importance of culture and context when examining and classifying abnormal behavior

Satisfied by online quizzes, exams, and in class assignments

CLO2: have a familiarity with the major methods used in the assessment, classification, and treatment of psychological problems

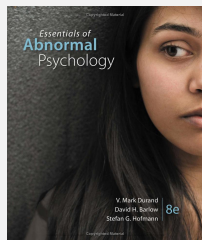
Satisfied by online quizzes, exams, and in class assignments

CLO3: develop a broad knowledge base of the different categories of abnormal behavior and corresponding psychological, social, and biological interventions

Satisfied by online quizzes, exams, and in class assignments

Course Materials

Textbook Info:



Note: Remember that the readings for the first quiz are in Module 1

Essentials of Abnormal Psychology.

Durand & Barlow & Hoffman, 8th Edition. Cengage Publishing

ISBN-13: 978-1337619370. e-textbook ISBN: 9780357689769

UNFORTUNATELY, NO OTHER EDITION CAN BE USED FOR THIS CLASS
(Note that the title is *Essentials of* Abnormal Psychology)

Course Requirements and Assignments

Assignments

Assignments for this course will consist of the following:

11 quizzes 10 questions, 10 points per quiz, (110 total quiz points - about 25% of your grade)

2 midterm exams (200 total exam points - about 45% of your grade)

1 final exam (100 total final points - about 20% of your grade)

45 in-class activities points - about 10% of your grade

Extra Credit - up to 10 points extra credit available

455 points possible in the course

Quizzes (~25% of final grade)

There will be 10 total quizzes in this course. Quizzes will be completed prior to each module on Canvas. This will ensure that you come to class prepared to discuss and integrate the information contained in the assigned reading. No late quizzes will be accepted.

These quizzes are meant to stimulate your reading of the text and keep you ahead of the lecture material. Your having completed the reading in advance will make the lecture and discussions much more interesting. I promise.

Multiple Choice/Essay Exams (~65% of final grade)

There will be a total of 3 exams, two midterms and a final. The exams will cover both readings from the text and class lectures. The exams will be both multiple-choice and essay and will have 25 multiple choice questions and 2 essay questions. You will need *not* need a scantron for these exams. Each exam will be given during the lecture period, and you will have 1 hour and 10 minutes to complete the exam.

You will be allowed to re-schedule an exam only for medical reasons or if you have a mandatory school activity (both require documentation). Please contact me prior to the day of the exam if you cannot make the exam time. The final exam will count the same as any other exam. The final will **not** be cumulative.

In-Class Activities (~10% of final grade)

I will be using iClicker software this semester to conduct quizzes and other activities in class. This will help me gauge student comprehension and understanding of particular topics throughout this course.

You can use the iClicker Student app through a smartphone, tablet or laptop. If you do not have any of these, you can check out a laptop from the Instructional Resource Center (IRC) here on campus **for free** at <https://www.sjsu.edu/it/services/classroom-tech/equipment-loaning/index.php>

You are required to bring your smartphone, tablet or laptop device to participate in my iClicker sessions during class. It is also your responsibility to properly set up your iClicker account in a timely fashion and to regularly check your iClicker grades for any discrepancies and bring them to my attention quickly. **Note: if you forget your device or it doesn't work one day, don't worry. The system is set up to have you miss a day or two of responding and still get all the points (there are 50 available and only 45 count).**

iClicker Registration Instructions:

Regardless of which device you use in class (smartphone, tablet or laptop), you must create an iClicker account— or use your existing iClicker account if you already have one—to ensure that your grades sync to my iClicker grade book. You can do this by downloading the iClicker Student app via the App Store or Google Play, or by visiting iclicker.com. **You do not need to purchase an iClicker subscription.**

Students who fail to properly set up their iClicker accounts will miss out on iClicker points. It is your responsibility to make sure your account is in working order and to regularly check your grades for any discrepancies and bring them to my attention immediately. If you already have a iClicker account, simply add my course to it. **Do not create a duplicate account.**

Grading Information

In-class activities using iClicker will be worth 10% of your final grade. You will earn .5 points for each question you answer. Likely, 4-6 questions for points will be asked each lecture. Your points will be synched after class from iClicker into Canvas once you properly set up your iClicker account, but you can also view your points on the iClicker website or iClicker Student app.

Academic Integrity Information

iClicker activities fall under the provisions of our campus's academic honesty policy. Students must not engage in academic dishonesty while participating in iClicker activities. **This includes but is not limited to answering polling questions while not physically in class and using more than one iClicker account at a time.** I do not want to track your location (it feels creepy), so to keep it fair for the students who are in class participating, I will include checks to make sure this is not happening. **Any student found to be in violation of these rules (or breaking them for somebody else) will lose iClicker points for the entire term and may be reported to the Office of Academic Integrity.**

Extra Credit

There will be an opportunity to earn extra credit points this semester by attending the Alan Kazdin Invited Lecture in Psychology. More information will be provided.

SJSU Credit Hour

Success in this course is based on the expectation that students will spend *3 hours per unit per week* (with 3 of the hours used for lecture). **This means that you should be reading and studying a little over 6 hours per week for this class.**

Final Examination or Evaluation

There will be a final examination in this course to assess your learning of content information over the course of the semester. It will be the same structure as the midterm exam and will not be cumulative.

✓ Grading Information

Grading Policy

| | | |
|----------------------------|--------------|---------------|
| A+ = 100-98% | A = 97.9-93% | A- = 92.9-90% |
| B+ = 89.9-87% | B = 86.9-83% | B- = 82.9-80% |
| C+ = 79.9-77% | C = 76.9-73% | C- = 72.9-70% |
| D+ = 69.9-67% | D = 66.9-63% | D- = 62.9-60% |
| F = 59.9-0% Unsatisfactory | | |

University Policies

Per [University Policy S16-9 \(PDF\)](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the [Syllabus Information](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>) web page. Make sure to visit this page to review and be aware of these university policies and resources.

Course Schedule

Course Schedule

| Week | Date | Topics, Readings, Assignments, Deadlines |
|------|---------|--|
| 1 | 8-22-24 | Overview of the Course |
| 2 | 8-27-24 | Abnormal Psychology, Past & Present Reading: Chapter 1 DBH, p. 3 -15 (up to "The Psychological Tradition") Quiz 1 due by 9:00am 8/27 |
| | 8-29-24 | Abnormal Psychology, Past & Present |
| 3 | 9-3-24 | Models of Abnormal Psychology Reading: Chapter 1 DBH (pp. 15-25) AND Chapter 2 DBH (pp. 33-58 – up to "Emotions") Quiz 2 due by 9:00am 9/3 |
| | 9-5-24 | Models of Abnormal Psychology |

| Week | Date | Topics, Readings, Assignments, Deadlines |
|------|----------|---|
| 10 | 10-22-24 | Anxiety, Trauma- and Stressor-Related, and Obsessive-Compulsive and Related Disorders |
| | 10-24-24 | Midterm Exam 2 |
| 11 | 10-29-24 | Guest Lecture, TBA |
| | 10-31-24 | |
| 12 | 11-5-24 | Personality Disorders Reading: Chapter 11 DBH Quiz 7 due by 9:00am 11/5 |
| | 11-7-24 | Personality Disorders |
| 13 | 11-12-24 | Schizophrenia Reading: Chapter 12 DBH Quiz 8 due by 9:00am 11/12 |
| | 11-14-24 | Schizophrenia |

