EPO Plan Option: San Jose University Research Foundation

Coverage Period: 01/01/2025 – 12/31/2025 Coverage for: All Participants | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.myhealthbenefits.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-866-995-2450 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 / Individual \$0 / Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Prescription copayments, innetwork physician office visits, and Preventive care .	This <u>plan</u> covers items and services without meeting a <u>deductible</u> . But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gove/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Medical: \$1,500 / Individual \$3,000 / Family Pharmacy: \$7,200 / individual and \$14,400 / family (no more than \$1,000 in mail order per person).	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family members in this plan they must meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties for preauthorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.anthem.com or call 1-866-995-2450 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Important Questions	Answers	Why This Matters:
see a specialist?		

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, unless otherwise indicated.

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	\$10/visit	Not covered	Telemedicine with your primary physician or specialist will be cover the same as any other office visit.	
If you visit a health care	Specialist visit	\$10/visit	Not covered	Telemedicine with your primary physician or specialist will be cover the same as any other office visit.	
provider's office or clinic		0% <u>coinsurance</u>	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. See a list of covered preventive services at https://www.healthcare.gove/coverage/preventive-care-benefits/.	
	Diagnostic test (x-ray, blood work)	0% coinsurance	Not covered	None	
If you have a test	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u>	Not covered	Preauthorization is required. If you do not obtain preauthorization from the plan benefits will be reduced by 25%.	
If you need drugs to treat your illness or condition	Generic drugs	Retail: \$5/prescription Mail Order: \$10/prescription	Not applicable	Certain medications considered preventative care under ACA are payable at no cost-share to the member.	

Important Questions	Answers	Why This Matters:		
More information about prescription drug coverage is available at www.anthem.com	Preferred brand drugs	Retail: \$20/prescription Mail Order: \$40/prescription	Not applicable	Retail: up to a 90-day supply Mail Order: up to a 90-day supply All contraceptives covered at 100%. Maintenance drugs must be filled through mail order – CarelonRx.
If you need drugs to treat your illness or condition	Non-preferred brand drugs	Retail: \$50/prescription Mail Order: \$100/prescription	Not applicable	
More information about prescription drug coverage is available at www.anthem.com	Specialty drugs	20% coinsurance up to \$250/prescription	Not applicable	Specialty drugs must be filled through CarelonRx. Case Management required.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	Not covered	Some procedures may require preauthorization.
surgery	Physician/surgeon fees	0% coinsurance	Not covered	None
	Emergency room care	\$50 / visit	Covered as in-network	Copayment does not apply if admitted.
If you need immediate medical attention	Emergency medical transportation	0% coinsurance	Covered as in-network	Preauthorization is required for non-emergency ambulance services. You are responsible for balance billing if not a true emergency.
	Urgent care	\$10/visit	Not covered	None
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	Not covered	Preauthorization is required
	Physician/surgeon fees	0% coinsurance	Not covered	None

Important Questions	Answers	Why This Matters:		
If you need mental health, behavioral	Outpatient services	\$10/visit	Not covered	Preauthorization required for some services
health, or substance abuse services	Inpatient services	0% coinsurance	Not covered	Preauthorization is required.
	Office visits	0% coinsurance	Not covered	Cost sharing does not apply to preventive services.
If you are pregnant	Childbirth/delivery professional services	0% <u>coinsurance</u>	Not covered	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Professional fees rendered in a facility setting are covered at 100% after deductible.
	Childbirth/delivery facility services	0% coinsurance	Not covered	Preauthorization is required for vaginal deliveries requiring more than a 48 hour stay and for cesarean section deliveries requiring more than a 96 hour stay.
	Home health care	0% coinsurance	Not covered	Preauthorization is required
If you need help recovering or have	Rehabilitation services	\$10 / visit	Not covered	Includes physical, speech, occupational, and other rehabilitative therapies. Cardiac therapy is limited to 40 visits/year. Pulmonary therapy is limited to 30 visits/year. Physical, speech, and occupational therapy limited to 24 visits/year. Additional visits may be approved if medically necessary.
other special health needs	Habilitation services	\$10 / visit	Not covered	None
liceus	Skilled nursing care	0% coinsurance	Not covered	Preauthorization is required Maximum of 180 days per Calendar Year.
	<u>Durable medical equipment</u>	0% coinsurance	Not covered	<u>Preauthorization</u> is required
	Hospice services	0% coinsurance	Not covered	<u>Preauthorization</u> is required.
If your child needs	Children's eye exam	Not Covered	Not Covered	Not Covered
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
delital of eye cale	Children's dental check-up	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care
- Hearing Aids
- Habilitation Services

- Infertility Treatment
- Long-term care
- Non-Emergency care when traveling outside of the U.S.
- Private Duty Nursing
- Routine eye care
- Routine foot care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (Maximum 12 visits per <u>Calendar</u> Year)
- Bariatric Surgery

 Chiropractor (\$1,000 maximum per <u>Calendar</u> Year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: BRMS at 1-866-995-2450 or myhealthbenefits.com or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-995-2450.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,950
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other (generic drug) copayment	\$0

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$6,950	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$7,010	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,950
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other (brand drug) copayment	\$0

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Evernela Cost

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$5,420	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,440	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$6,9500
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
■ Other (generic drug) coinsurance	\$0

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	